Week 4 Cross Country Rankings

Top 15 Men's Team Rankings

Rank	Team
1	Arkansas
2	NAU
3	Oklahoma State
4	Notre Dame
5	Iowa State
6	BYU
7	N.C. State
8	Ole Miss
9	Wake Forest
10	Texas
11	Charlotte
12	Virginia
13	Southern Utah
14	Duke
15	Georgia

Receiving Votes (No Order)

Syracuse Tennessee

Top 15 Women's Team Rankings

Rank	Team
1	Arkansas
2	N.C. State
3	BYU
4	Iowa State
5	Georgia Tech
6	Alabama
7	Florida State
8	Texas
9	Duke
10	West Virginia
11	Ole Miss
12	Southern Utah
13	Oklahoma State
14	Middle Tennessee
15	UNC

Receiving Votes (No Order)

Kentucky Notre Dame Tennessee

Boost Treadmill Rankings Include:

















